

RADARS  
PROJECT

BARCELONA.CAT/RADARS



A SENSITIVE AND  
RESPECTFUL LOOK

# RADARS

Making elderly people part of the neighbourhood



Neighbors  
in action!



Ajuntament de  
Barcelona



***More than a fifth of the population of Barcelona is over 65 years old.***

***One in three people over 75 live alone.***

**Unwanted loneliness** can have a devastating effect on the health, well-being and quality of life of the elderly.

Loss is more common in old age and can lead to difficulties adapting and an increasing feeling of loneliness.

## **What is RADAR?**

**Radars** is a community project promoted by Barcelona City Council's Social Services to mitigate the effects of unwanted loneliness and prevent situations of risk for the elderly.

We work with local people, shops, chemists, volunteers, organisations and facilities to transform neighbourhoods into **safe, human and participative communities.**

# Would you like to be a Radars user?


*Do you live alone or with another elderly person and feel lonely?*


*Do you live with a dependent person?*

*Would you like to enrich your personal relationships?*

 Call us on 932 915 884

 Email us at [radarsgentgran@bcn.cat](mailto:radarsgentgran@bcn.cat)

 Go to your local Social Services centre and ask for more information

 Ask for information at your Primary Healthcare Centre (CAP)



# Take part in the Radars community

## Become a radar

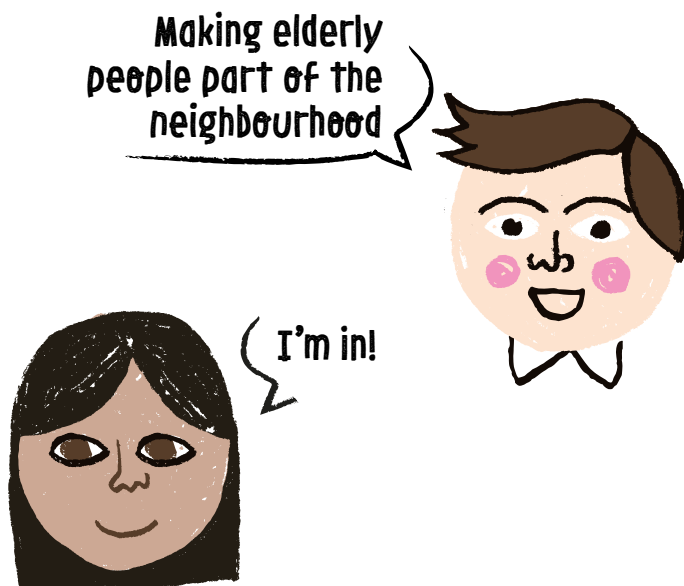
Pay attention to the dynamics of elderly people around you, taking a sensitive and respectful look. If you notice any change in their behaviour or appearance, or you think that they might be lonely, get in touch with Radars.

## Get actively involved

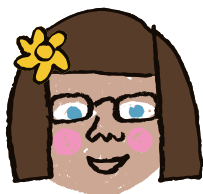
You can also get involved in the project's various participation and volunteering spaces.

Get in touch with us and we'll tell you more.

**932 915 884 / [radarsgentgran@bcn.cat](mailto:radarsgentgran@bcn.cat)**



## How does RADARS work?



**I am a radar.**

When I think one of my neighbours might be at risk or feeling lonely without wanting to...



**I contact...**

**932 915 884**

**radarsgentgran@bcn.cat**

**We respond through Social Services and other local facilities.**

**We are volunteers.**

We call elderly people and invite them to take part in activities.



**Thanks for helping me get to know people and participate in neighbourhood life again.**





*If you would like to take part in the **RADARS** project, send an email to [radarsgentgran@bcn.cat](mailto:radarsgentgran@bcn.cat) or call us on 932 915 884*